

Dying Matters

Awareness Week

Monday, 10 May to Sunday, 16 May 2021

Dying Matters Awareness Week is a chance for everyone to come together and open up the conversation around death, dying and bereavement.

By talking about death and dying, it should become easier for all of us to face and cope with it in the future.

There are two events in Kent and Medway for all partners in health and social care to get involved with.

They will help us understand from the patient perspective about end of life care and the conversations that take place between medical staff and patients.

Monday,
10 May 2021,
1 to 2pm

**Dying Well:
Living, dying and
the spaces in
between**

With Clair Fisher

Tuesday,
11 May 2021,
9am to 12.15pm

**Communication
skills session**

With Kathryn Mannix

Dying Well: Living, dying and the spaces in between

Clair Fisher is a public policy professional and associate of the What Works Centre for Wellbeing, who was diagnosed with stage four bowel cancer in 2018. Her retirement project – www.dyingwell.uk – aims to develop and share evidence around wellbeing and terminal illness.

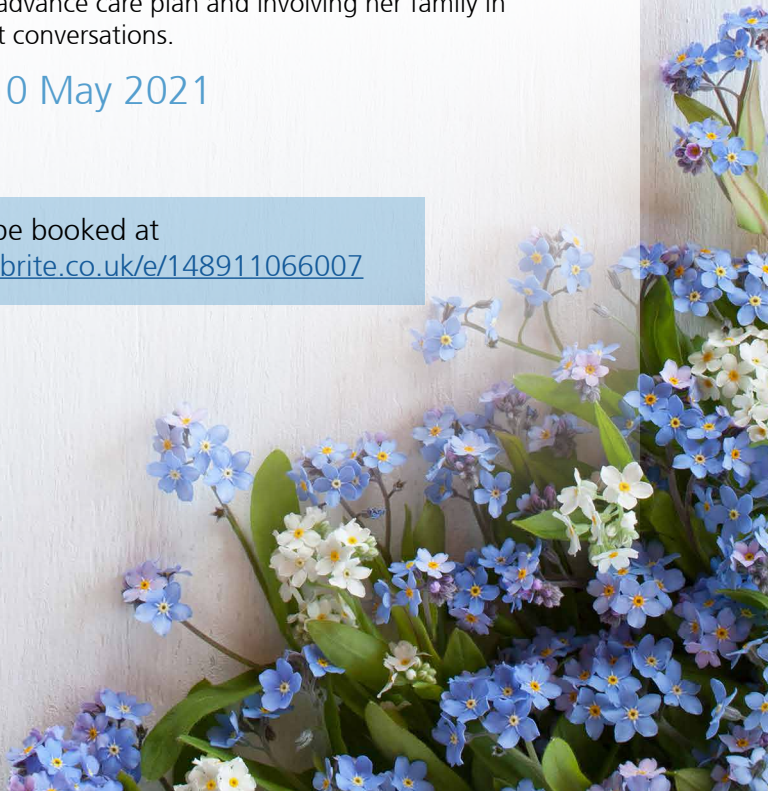
Clair is an advocate for early intervention palliative and hospice care and has a powerful story of the wellbeing benefits of planning ahead. She is also keen to encourage more honest conversations about death and dying between medical professionals and terminally ill people.

In this Dying Matters Awareness Week event, Clair will be sharing the often unheard patient perspective of planning to die, including benefiting from community hospice intervention, completing an advance care plan and involving her family in these important conversations.

Monday, 10 May 2021
1 to 2pm

Places can be booked at

www.eventbrite.co.uk/e/148911066007



Communication skills session

Dr Kathryn Mannix is a national expert and a palliative care consultant and cognitive therapist with 30 years' experience delivering palliative care in hospitals, hospices and patients' own homes. She campaigns for better public understanding and discussion of dying, and her book about the way people live while they are dying – *With the End in Mind* – has become an international best seller.

Getting the most from this session...

We would like every attendee to be part of a group of three people for two 30-minute skills practice sessions during the morning.

Please make arrangements in advance to work with two other colleagues – you may be in the same room (socially distanced) or you may need to link up by phone or video call for the skills practice (e.g. WhatsApp, Facetime, MS Teams, etc.). All three of you will need to be able to hear and speak during the call.

If you are not able to link with two other participants please e-mail kmccg.kmquality@nhs.net

Tuesday, 11 May 2021
9am to 12.15pm

To book a places and find out more about setting up your skills practice trio, please visit www.eventbrite.co.uk/e/148914839293

